

Preparation Instructions: EGD (Upper Endoscopy)

Seven (7) days before your procedure	
STOP: (Unless otherwise instructed by your physician) <ul style="list-style-type: none"> ➤ Iron, Multivitamin with Iron, fish oil, Omega 3 and Vitamin E ➤ NSAIDs including: Aspirin, Ibuprofen (Motrin, Advil), Naproxen (Aleve, Naprosyn), Goody's, and similar medications. 	Take: <ul style="list-style-type: none"> ➤ All regular medications (especially blood pressure/cardiac, seizure, cholesterol, anxiety and pain medications etc. ➤ Acetaminophen (Tylenol).

- ✓ **Blood thinners such as Plavix, Warfarin (Coumadin), Heparin, Lovenox, Aggrenox or Pletal, please consult your physician about stopping these medications before the procedure.**
- ✓ **Recent blood work may be necessary before your procedure date**

The day before your procedure	
STOP: (In addition to above) <ul style="list-style-type: none"> ➤ No food or drink after midnight. 	Can Have: <ul style="list-style-type: none"> ➤ Food and drink up until midnight.

Day of your procedure: NO FOOD OR DRINK!	
Do Not Take: <ul style="list-style-type: none"> ➤ Do not eat or drink anything the morning of your procedure. ➤ Do not take any medications until after your procedure except blood pressure, heart, or seizure medications (see right). ➤ Diabetic pills. 	Take: <ul style="list-style-type: none"> ➤ If you are on blood pressure, heart, pain or seizure medications please take them at 6 AM with a small sip of water. If you are diabetic, check your blood sugar. If greater than 200, take ½ of your morning insulin. Your blood sugar will be checked before your procedure.

You MUST have someone with you to drive you home. Your procedure will not be performed unless you have a ride. Only if you have an escort may you leave by taxi. (Call with questions: 904-244-3735)