

Preparation Instructions: Endoscopic Ultrasound

| Seven (7) days before your procedure | |
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| STOP: (Unless otherwise instructed by your physician) <ul style="list-style-type: none"> ➤ Iron, Multivitamin with Iron, fish oil, Omega 3 and Vitamin E ➤ NSAIDs including: Aspirin, Ibuprofen (Motrin, Advil), Naproxen (Aleve, Naprosyn), Goody's, and similar medications. | Take: <ul style="list-style-type: none"> ➤ All regular medications (especially blood pressure/cardiac, seizure, cholesterol, anxiety and pain medications etc. ➤ Acetaminophen (Tylenol). |

- ✓ **Blood thinners such as Plavix, Warfarin (Coumadin), Heparin, Lovenox, Aggrenox or Pletal, please consult your physician about stopping these medications before the procedure.**
- ✓ **Recent blood work may be necessary before your procedure date**

| The day before your procedure | |
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| STOP: (In addition to above) <ul style="list-style-type: none"> ➤ No food or drink after midnight. | Can Have: <ul style="list-style-type: none"> ➤ Food and drink up until midnight. |

| Day of your procedure: NO FOOD OR DRINK! | |
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| Do Not Take: <ul style="list-style-type: none"> ➤ Do not eat or drink anything the morning of your procedure. ➤ Do not take any medications until after your procedure except blood pressure, heart, or seizure medications (see right). ➤ Diabetic pills. | Take: <ul style="list-style-type: none"> ➤ If you are on blood pressure, heart, pain or seizure medications please take them at 6 AM with a small sip of water. If you are diabetic, check your blood sugar. If greater than 200, take ½ of your morning insulin. Your blood sugar will be checked before your procedure. |

You MUST have someone with you to drive you home. Your procedure will not be performed unless you have a ride. Only if you have an escort may you leave by taxi. (Call with questions: 904-244-3735)