



Name: _____

Age: _____ Date of Birth: _____

Today's Date: _____

Female Pelvic Medicine and Reconstructive Surgery Health Questionnaire

Review of Symptoms: Please check all that apply to you recently

GENERAL	HEENT	ENDOCRINE
<input type="checkbox"/> Fatigue	<input type="checkbox"/> Hearing loss	<input type="checkbox"/> Cold intolerance
<input type="checkbox"/> Night sweats	<input type="checkbox"/> Heavy snoring	<input type="checkbox"/> Excessive thirst
<input type="checkbox"/> Weight gain	<input type="checkbox"/> Nose Bleeds	<input type="checkbox"/> Heat intolerance
<input type="checkbox"/> Weight loss	<input type="checkbox"/> Ringing in the ears	<input type="checkbox"/> Hot flashes
EYES	GI	UROGYNECOLOGIC
<input type="checkbox"/> Blurry Vision	<input type="checkbox"/> Abdominal pain	<input type="checkbox"/> Daytime Wetting
<input type="checkbox"/> Cataracts	<input type="checkbox"/> Black colored stools	<input type="checkbox"/> Dribble after urination
<input type="checkbox"/> Excessive dryness	<input type="checkbox"/> Bloating	<input type="checkbox"/> Frequent urination
<input type="checkbox"/> Loss of vision	<input type="checkbox"/> Blood in stool	<input type="checkbox"/> Blood in urine
ALLERGIC/IMMUNE	<input type="checkbox"/> Accidental bowel leakage	<input type="checkbox"/> Incomplete emptying
<input type="checkbox"/> Frequent infections	<input type="checkbox"/> Constipation/Straining	<input type="checkbox"/> Leak with cough/sneeze
<input type="checkbox"/> Seasonal allergies	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Leak with exercise
<input type="checkbox"/> Severe allergic reaction	<input type="checkbox"/> Difficulty swallowing	<input type="checkbox"/> Leak with intercourse/orgasm
NEUROLOGICAL	<input type="checkbox"/> Heartburn/Indigestion	<input type="checkbox"/> Leak with position change
<input type="checkbox"/> Memory loss	<input type="checkbox"/> Nausea	<input type="checkbox"/> Leak with urgency
<input type="checkbox"/> Numbness	<input type="checkbox"/> Need finger/Hand to empty	<input type="checkbox"/> Loss of urine during sleep
<input type="checkbox"/> Seizures	<input type="checkbox"/> Poor appetite	<input type="checkbox"/> Low sexual desire
<input type="checkbox"/> Severe Headaches	<input type="checkbox"/> Vomiting	<input type="checkbox"/> Need to push on/in vagina to urinate
MUSCULOSKELETAL	CARDIOVASCULAR	<input type="checkbox"/> Painful urination
<input type="checkbox"/> Back pain	<input type="checkbox"/> Chest pressure/pain	<input type="checkbox"/> Partner sexual problems
<input type="checkbox"/> Buttock pain	<input type="checkbox"/> Fainting	<input type="checkbox"/> Unconscious leakage
<input type="checkbox"/> Joint pain	<input type="checkbox"/> Leg swelling	<input type="checkbox"/> Urgency to urinate
<input type="checkbox"/> Leg pain	<input type="checkbox"/> Palpitations	<input type="checkbox"/> Vaginal discharge
<input type="checkbox"/> Weakness	INTEGUMENTARY	<input type="checkbox"/> Vaginal dryness
LUNGS	<input type="checkbox"/> Rash	<input type="checkbox"/> Vaginal bulge/prolapse
<input type="checkbox"/> Asthma	<input type="checkbox"/> Mole changes	<input type="checkbox"/> Vulvar/vaginal pain
<input type="checkbox"/> Cough	<input type="checkbox"/> Growths	<input type="checkbox"/> Weak urine stream
<input type="checkbox"/> Shortness of Breath	<input type="checkbox"/> Nail changes	
<input type="checkbox"/> Wheezing	BLOOD	
PSYCHOSOCIAL	<input type="checkbox"/> Easy bruising	
<input type="checkbox"/> Anxiety/Nervousness	<input type="checkbox"/> Excessive bruising	
<input type="checkbox"/> Depression/Sadness	<input type="checkbox"/> Swollen lymph nodes	
<input type="checkbox"/> Insomnia		

Urogynecologic Symptoms:








- 1) Do you feel like you have a bulge or a ball coming out of your vagina? Yes No
- 2) How often do you go to the bathroom to empty your bladder (pee) on an average day?
1-3 4-6 8-10 10-12 12-14 Other: _____
- 3) How often does the need to empty your bladder (pee) wake you up on an average night?
0 1-2 2-3 3-4 4-5 Other: _____
- 4) How much fluids do you drink in an average day:
 - a. Water _____ ounces, glasses, bottles
 - b. Coffee _____ ounces, mug, paper cup
 - c. Tea _____ ounces, mug, cup
 - d. Sodas _____ ounces, glasses, bottles
 - e. Carbonated water _____ ounces, glasses, bottles,
 - f. Lemonade _____ ounces, glasses
 - g. Orange Juice _____ ounces, glasses
 - h. Other juices _____ ounces, glasses
 - i. Sports drinks _____ ounces
 - j. Other _____
- 5) Have you tried any of the following medications for your bladder symptoms?

Oxybutynin/Ditropan	Darifenacin/Enablex
Solifenacin/Vesicare	Mirabegron/Myrbetriq
Trospium/Sanctura	Darifenacin/Enablex
Tolterodine/Detrol	Other: _____
- 6) Do you leak (lose) urine when you feel urgency and you cannot make it to the bathroom quickly enough?
 - a. If yes, Please estimate how often do you leak (lose) urine when you cannot get to the bathroom quickly enough: ___ times per day ___ times per week
- 7) Do you leak (lose) urine with any of the following activities (circle all that apply)?
Laughing Sneezing Jumping Walking Running
 - a. If yes, how often do you leak with these activities? ___ per day ___ per week
- 8) Do you leak urine and not realize it until you look at your underwear or pad? Yes No
- 9) Do you ever wake up at night wet with urine in your pad or underwear or bed? Yes No
- 10) How many pads do you use per day? ___ If yes, what types of pads do you use? _____
- 11) Do you feel like you empty your bladder? Yes No
- 12) Do you frequently experience burning with urination? Yes No
- 13) Have you ever seen blood in your urine? Yes No
- 14) Have you ever had 3 or more urinary tract infections (UTI) in 12 months? Yes No
- 15) How many urinary tract infections (UTI, cystitis) have you had in the past 12 months? _____
- 16) Number of bowel movements (poop) _____ per day _____ per week

17) Do you have to strain for a bowel movement? Yes No

If yes, how often do you strain? _____

18) What do your bowel movements look like (circle all that apply)?

Type 1		Separate hard lumps, like nuts (hard to pass)
Type 2		Sausage-shaped but lumpy
Type 3		Like a sausage but with cracks on the surface
Type 4		Like a sausage or snake, smooth and soft
Type 5		Soft blobs with clear-cut edges
Type 6		Fluffy pieces with ragged edges, a mushy stool
Type 7		Watery, no solid pieces. Entirely Liquid

19) Do you experience accidental bowel (stool) leakage? Yes No

20) Do you have to push on your vagina or rectum to have a bowel movement? Yes No

21) Do you experience vaginal dryness? Yes No

22) Are you sexually active? Yes No

23) Do you have pain during sex? Yes No Not applicable -Not sexually active

24) Any history of abnormal PAPs? Yes No

25) When was your last PAP smear? _____

26) Do you have a family history of breast cancer? Yes No

27) Do you have a family history of ovarian cancer? Yes No

28) Do you have a family history of uterine cancer? Yes No

29) Do you have a family history of colon cancer? Yes No

30) Do you have family history of pancreatic cancer? Yes No

Please proceed to the next page. Thanks!

Reason for visit:

How long have you had these problems? _____

Have you had treatments for this in the past? Yes No

If yes, what treatments? _____

Current Medications (PROVIDER: Please compare medication list below to the patient's electronic medical record): Please list all medications you take, including over-the-counter and herbal supplements

Medication and Dose:	Medication and Dose:

Allergies: Please list all medications you are allergic to and the side effect

Medical History: Please check if you have or have had any of the following:

<input type="checkbox"/> Anemia	<input type="checkbox"/> Fibromyalgia	<input type="checkbox"/> Multiple Sclerosis
<input type="checkbox"/> Angina / Chest Pain	<input type="checkbox"/> Gallbladder Problems	<input type="checkbox"/> Neurologic Problems
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Gastroesophageal Reflux Disease (GERD)	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Refusal of Blood Products
<input type="checkbox"/> Asthma	<input type="checkbox"/> Heart Attack/MI	<input type="checkbox"/> Renal Disease
<input type="checkbox"/> Back Injury / Pain	<input type="checkbox"/> Heart Arrhythmia	<input type="checkbox"/> Seizures / Fainting / Strokes
<input type="checkbox"/> Bleeding Disorder	<input type="checkbox"/> High Blood Pressure (Hypertension)	<input type="checkbox"/> Rheumatoid Arthritis
<input type="checkbox"/> Taking Blood Thinners	<input type="checkbox"/> Hemorrhoids	<input type="checkbox"/> Sickle Cell Anemia
<input type="checkbox"/> Blood Clots in Lungs	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Sleep Apnea
<input type="checkbox"/> Blood Clots in Veins	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Strokes
<input type="checkbox"/> Blood Transfusion	<input type="checkbox"/> Inflammatory Bowel Disease	<input type="checkbox"/> Stomach / Gastric Ulcers
<input type="checkbox"/> Chronic Bronchitis	<input type="checkbox"/> Irritable Bowel Syndrome	<input type="checkbox"/> Thyroid Problems (High / Low)
<input type="checkbox"/> Chronic Pain	<input type="checkbox"/> Kidney Infections	
<input type="checkbox"/> Chronic Obstructive Pulmonary Disease (COPD)	<input type="checkbox"/> Kidney Stones	<input type="checkbox"/> Urinary Tract Infections
<input type="checkbox"/> Congestive Heart Failure (CHF)	<input type="checkbox"/> Leukemia / Lymphoma	<input type="checkbox"/> Breast Cancer
<input type="checkbox"/> Coronary Artery Disease	<input type="checkbox"/> Liver Cirrhosis/Disease	<input type="checkbox"/> Colon or Rectal Cancer
<input type="checkbox"/> Depression	<input type="checkbox"/> Lupus	<input type="checkbox"/> Uterine Cancer
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Mental Illness	<input type="checkbox"/> Ovarian Cancer
<input type="checkbox"/> Diverticulitis	<input type="checkbox"/> Memory Loss	<input type="checkbox"/> Other Cancer? _____
<input type="checkbox"/> Emphysema	<input type="checkbox"/> Migraines	

Other medical issues: _____

Surgical History: Please check all that apply to you

	<u>Date</u>		<u>Date</u>		<u>Date</u>
<input type="checkbox"/> Abdominal Aortic Aneurysm	_____	<input type="checkbox"/> Cesarean Section	_____	<input type="checkbox"/> Knee Surgery	_____
<input type="checkbox"/> Appendectomy	_____	<input type="checkbox"/> Cosmetic Surgery	_____	<input type="checkbox"/> Lung Surgery	_____
<input type="checkbox"/> Back Surgery	_____	<input type="checkbox"/> Ears / Nose / Throat Surgery	_____	<input type="checkbox"/> Ovary Surgery / Removal	_____
<input type="checkbox"/> Bladder Surgery	_____	<input type="checkbox"/> Eye Surgery	_____	<input type="checkbox"/> Shoulder Surgery	_____
<input type="checkbox"/> Bowel Surgery	_____	<input type="checkbox"/> Gallbladder	_____	<input type="checkbox"/> Spleen Surgery	_____
<input type="checkbox"/> Brain Surgery	_____	<input type="checkbox"/> Heart Surgery	_____	<input type="checkbox"/> Tubal Ligation	_____
<input type="checkbox"/> Breast Lumpectomy	_____	<input type="checkbox"/> Hernia Repair	_____	<input type="checkbox"/> Stomach Surgery	_____
<input type="checkbox"/> Breast Mastectomy	_____	<input type="checkbox"/> Hip Surgery	_____	<input type="checkbox"/> Tonsillectomy	_____
<input type="checkbox"/> Cardiac Bypass/Stents	_____	<input type="checkbox"/> Hysterectomy	_____	<input type="checkbox"/> Vaginal Prolapse Repair	_____
<input type="checkbox"/> Cardiac Catheterization	_____	<input type="checkbox"/> Kidney Surgery	_____	<input type="checkbox"/> Wisdom Teeth Extraction	_____

Other Surgeries: _____

Have you ever had:	Yes	Unknown	No	Was the incision Abdominal, Vaginal or Laparoscopic?
Hysterectomy?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Removal of your ovaries?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Bladder surgery?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Rectal surgery?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Surgery for prolapse?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Mesh/graft placed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Gynecologic History:

1. First day of last menstrual period: _____
2. Type of contraception: _____
3. If you have stopped menstruating, at what age did you stop? _____
4. Have you had bleeding or spotting since your period stopped? Yes No
5. Have you ever been on hormone therapy after menopause (estrogen/progesterone)? Yes No
6. Do you have hot flashes, night sweats, or vaginal dryness? No Which? _____
7. Last Mammogram: _____
8. Last Pap Smear: _____
9. Have you ever had an abnormal Pap smears? Yes No If yes, when? _____

Any personal History of: Check all that apply

- Sexually transmitted diseases Endometriosis Fibroids Heavy Menstrual Bleeding

Sexual History:

1. Have you had intercourse in the last year?
2. If no, why? (no partner, painful intercourse, vaginal dryness, partner factor, or due to vaginal bulge or incontinence, no sex drive) _____
3. Do you experience pain or discomfort with sexual intercourse? Yes No

Obstetrical History:

1. How many times have you been pregnant?
2. How many children did you deliver? Vaginal? _____ Cesarean Delivery? _____
3. How big was your biggest baby? _____ pounds
4. Were forceps used? Yes No
5. Did you have any episiotomies? Yes No Any tears into or through the rectum? Yes No
6. How many miscarriages or abortions have you had? _____
7. List any problems with deliveries: _____

Personal/Social History:

- | | <u>Yes</u> | <u>No</u> | |
|--------------------|--------------------------|--------------------------|---|
| Smoking | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Quit Packs per day: _____ Years: _____ Date Quit: _____ |
| Caffeine | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Coffee <input type="checkbox"/> Tea <input type="checkbox"/> Soda <input type="checkbox"/> Energy Drinks Glasses per day _____ |
| Alcohol | <input type="checkbox"/> | <input type="checkbox"/> | Drinks per day: _____ Drinks per week: _____ |
| Recreational Drugs | <input type="checkbox"/> | <input type="checkbox"/> | Type _____ Uses per week: _____ |
| Mobility Issues | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Cane <input type="checkbox"/> Walker <input type="checkbox"/> Wheelchair Other: _____ |
| Violence at Home | <input type="checkbox"/> | <input type="checkbox"/> | |
| Marital Status | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed |
| Living Situation | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Lives Alone <input type="checkbox"/> Lives with Partner/Family <input type="checkbox"/> Assisted Living |
| Occupation: | | | _____ |