

## Preparation Instructions: Paracentesis

Seven (7) days before your procedure	
<b>STOP: (Unless otherwise instructed by your physician)</b> <ul style="list-style-type: none"> <li>➤ NSAIDs including: Aspirin, Ibuprofen (Motrin, Advil), Naproxen (Aleve, Naprosyn), Goody's, and similar medications.</li> </ul>	<b>Take:</b> <ul style="list-style-type: none"> <li>➤ All regular medications (especially blood pressure/cardiac, seizure, cholesterol, anxiety and pain medications etc.</li> <li>➤ Acetaminophen (Tylenol).</li> </ul>

- ✓ **Blood thinners such as Plavix, Warfarin (Coumadin), Heparin, Lovenox, Aggrenox or Pletal, please consult your physician about stopping these medications before the procedure.**
- ✓ **Recent blood work may be necessary before your procedure date**

The day before your procedure	
<b>STOP: (In addition to above)</b> <ul style="list-style-type: none"> <li>➤ No food or drink after midnight.</li> <li>➤ You cannot have a liver biopsy if you have a cough, shortness of breath, fever, or chest pain of new onset; call the GI lab (904-244-3735) if you have any of these symptoms.</li> </ul>	<b>Can Have:</b> <ul style="list-style-type: none"> <li>➤ Food and drink up until midnight.</li> </ul>

Day of your procedure: NO FOOD OR DRINK!	
<b>Do Not Take:</b> <ul style="list-style-type: none"> <li>➤ Do not eat or drink anything the morning of your procedure.</li> <li>➤ Do not take any medications until after your procedure except blood pressure, heart, or seizure medications (see right).</li> <li>➤ Diabetic pills.</li> </ul>	<b>Take:</b> <ul style="list-style-type: none"> <li>➤ If you are on <b>blood pressure, pain, heart, or seizure medications</b> please take them at <b>6 AM</b> with a small sip of water. If you are diabetic, check your blood sugar. If greater than 200, take ½ of your morning insulin. Your blood sugar will be checked before your procedure.</li> </ul>

**You MUST have someone with you to drive you home. Your procedure will not be performed unless you have a ride. Only if you have an escort may you leave by taxi. (call with questions: 904-244-3735)**