

UF HEALTH PLASTIC AND RECONSTRUCTIVE SURGERY – NORTH NONSURGICAL COSMETIC PROCEDURES

SKIN TREATMENTS

- ▶ **Dermaplane** – This procedure is a simple and safe way to exfoliate the outer layer of skin and to remove vellus hair or peach fuzz from the face. Dermaplaning diminishes the appearance of fine lines and wrinkles, increases the absorption of topical products and primes the skin for chemical peels or other aesthetic procedures to create a healthier, more radiant appearance.
- ▶ **Obagi Blue Peel Radiance** – This formula is 20% salicylic acid, lactic and glycolic acid, plus antioxidants licorice and willow bark root extract. A gentle but effective peel that lightens, brightens and tightens a range of skin conditions including acne, scarring, sun damage and melasma.
- ▶ **Obagi Facial with Vitamin C Mask** – This mask is specially customized for your skin after a thorough consultation and skin analysis. The process involves deep pore cleansing, exfoliating and moisturizing steps to help revitalize and improve your complexion. The treatment also includes a powerful infusion of 30% L-ascorbic acid (vitamin C) and ultra-fine crystals for exfoliation.
- ▶ **PCA Peel with Hydroquinone and Resorcinol** – The PCA peel with hydroquinone and resorcinol will even skin tone and provide exfoliation for oilier, thicker and more resilient skin types. This treatment is extremely effective on sun-damaged and thickened skin. Key ingredients include 14% lactic acid, 14% salicylic acid, 3% kojic acid, citric acid, 2% hydroquinone and 14% resorcinol.
- ▶ **PCA Skin Sensi Peel** – This formula is 6% TCA and 12% lactic acid, plus antioxidants azelaic acid, arbutin and kojic acid. The peel works well on all skin types and improves fine lines, uneven skin tone, dehydrated and break-out-prone complexions.
- ▶ **PCA Skin Ultra Peel Forte** – This formula is 20% TCA and 10% lactic acid, plus antioxidant azelaic acid and kojic acid. It is the most active treatment for resilient skin, as it refreshes and improves appearance of moderate wrinkling and laxity, while promoting even skin tone and texture for sun-damaged skin.
- ▶ **PCA Skin Ultra Peel I** – This formula is 10% TCA and 20% lactic acid, plus antioxidant azelaic acid and kojic acid to treat fine lines and wrinkles, laxity, uneven skin tone and surface, as well as dry and breakout-prone complexions.

EYELASH ENHANCEMENT

- ▶ **Latisse** – This is a prescription topical treatment for hypotrichosis, which is an inadequate number of lashes. Latisse is used to help grow longer, thicker, fuller and darker lashes. Latisse is offered in 3 mL and 5 mL kits.

FILLERS AND INJECTABLES

- ▶ **Liquid Face Lyft** – This treatment is an advanced placement of dermal fillers to gently lift and contour the facial features without surgery.
- ▶ **Radiesse** – This is a dermal filler used for hand augmentation to correct volume loss in the back of the hands. It may also be used for smoothing moderate to severe facial wrinkles and folds, such as nasolabial folds, which are creases from the nose to the mouth.
- ▶ **Restylane** – This treatment is used to help improve the appearance of nasolabial folds and marionette lines, which are parentheses around the mouth. It is also used for lip augmentation in some cases.
- ▶ **Restylane Defyne** – Using innovative cross-linking technology, Restylane Defyne is a hyaluronic acid dermal filler that is able to help restore a more youthful, natural-looking appearance, while helping you maintain your natural expression. Crafted with XpresHAN technology, this treatment helps smooth out deep laugh lines.
- ▶ **Restylane Lyft** – This hyaluronic acid gel filler has a thicker, firmer texture in order to better provide volume and lift, as well as tackle deep lines around the mouth.
- ▶ **Restylane Refyne** – This product was designed with XpresHAN technology to help soften laugh lines. This can help restore a more natural look while maintaining your facial expressions.

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- ▶ **Restylane Silk** – This is an FDA-approved product specifically designed for subtle lip enhancement and the smoothing of wrinkles and lines around the mouth.
- ▶ **Sculptra** – This is an injectable cosmetic filler used to help restore facial volume lost due to aging or illness. It contains poly-L-lactic acid, a biocompatible synthetic substance that stimulates collagen production. It may also be used to treat shallow to deep nasolabial fold contour deficiencies and other facial wrinkles.
- ▶ **Wrinkle Correction** – This fast, nearly painless, nonsurgical procedure is designed to temporarily smooth and soften moderate to severe frown lines and wrinkles caused by overly expressive muscles. Wrinkle correction treatment options include Botox, Dysport and Xeomin.

LASER SKIN TREATMENTS

- ▶ **BroadBand Light Hair Removal** – This treatment targets hair follicles to remove hair safely and comfortably by sending a high repetition rate of fluent and precise pulses of light energy. The motion BBL technology allows for extremely even heating of hair follicles and minimizes missed areas that may occur with traditional hair removal devices. Large areas can be treated, including the arms, back, bikini area, chest, face, legs and underarms. The best results are seen with six to 12 treatments.
- ▶ **Erbium Laser Resurfacing** – Erbium laser resurfacing is designed to remove surface level and moderately deep lines and wrinkles on the face, hands, neck or chest. Benefits include minimal burning of surrounding tissue and fewer side effects, such as swelling, bruising and redness, so your recovery time should be faster than with CO2 laser resurfacing.
- ▶ **Forever Young BBL** – BBL, or BroadBand Light, is an innovative technology that delivers light therapy and is similar to IPL, or intense pulsed light, but better, faster and more effective. BBL targets the signs of aging and sun damage and effectively provides a younger, refreshed, rejuvenated and improved skin appearance with little to no downtime. This technology can be used to treat scars, and is highly effective on the chest, hands and neck.
- ▶ **Microlaser Peel** – This peel represents the latest advancement in skin resurfacing, offering skin rejuvenating treatment to precisely remove the outer most layer of skin and help smooth the skin's surface, while blending irregular pigmented age spots at the same time. This state-of-the-art laser treatment is designed for individuals with active lifestyles who are seeking significant improvement in skin texture, color and tone.
- ▶ **Nanolaser Peel** – This light treatment removes the top layer of the stratum corneum (less than 10 microns), returning the natural smoothness and lustrous glow of the skin with little downtime.
- ▶ **Profraxel Laser Resurfacing** – This quick and comfortable laser procedure treats fine lines and wrinkles, diminishes scars and corrects hyperpigmentation caused by sun damage. Profraxel uses a tiny laser beam to treat thousands of pinpoint areas of skin. Because only a fraction of skin is directly treated, the surrounding untreated tissue promotes rapid healing and ultimately new collagen, which adds firmness and resilience to the skin, with little downtime.
- ▶ **SkinPen** – Reclaim your complexion with the only FDA-approved microneedling device. SkinPen creates controlled micro-injuries to stimulate the body's natural wound healing process, while minimizing cellular damage.
- ▶ **SkinTyte** – This treatment delivers an advanced infrared light to deeply heat your skin while cooling and protecting the entire surface at the same time. Light energy is distributed in the rapid, gentle pulse to initiate the body's natural healing process, which leads to the improved appearance of sagging skin. SkinTyte can be performed on any area of the body, including the abdomen, chest, face, hands, knees, lower eyelids and neck.

SCAR TREATMENTS

- ▶ **BroadBand Light** – BBL can effectively treat scars, especially cosmetic surgery scars, in as few as two weeks after surgery, and can improve the appearance of a scar in a little as one week.
- ▶ **ProFractional Laser** – This treatment can effectively improve the appearance of nearly all scars. For most scars, the sooner they are treated, the faster they will disappear, and the better the results.
- ▶ **Strataderm** – This professional scar therapy gel is used to manage abnormal scarring. It softens and flattens raised scars, reduces redness and discoloration, and reduces itching and discomfort.

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SKIN CARE PRODUCTS – ALASTIN AND OBAGI

Complimentary skin care consultation is available, as well as entire line of medical grade skin care products by Obagi and Alastin.

- ▶ **Alastin HydraTint Pro Mineral Broad Spectrum Sunscreen SPF 36** – This lightweight, broad-spectrum sunscreen provides daily protection from damaging UVA and UVB rays. The formula is rich in antioxidants that shield against pollution-induced damage and improve skin hydration. The sunscreen has a natural hint of tint compatible with most skin types.
- ▶ **Alastin Renewal Retinol** – This cream diminishes the appearance of fine lines and wrinkles, smooths skin texture and helps improve skin tone. Benefits include anti-irritants and antioxidants to calm sensitive skin and potent hydrators to protect against skin dehydration.
- ▶ **Alastin Skin Care Complex & TriHex Technology** – This skin care formula enhances the health of skin by helping to clear the damaged, aged proteins in the skin's extracellular matrix. It also helps support the production of elastin and collagen, modulate inflammation, facilitate recovery and maintain the overall effect of a rejuvenating procedure over time
- ▶ **Alastin Restorative Skin Complex with TriHex Technology** – This skin treatment helps support the skin's natural ability to produce new, healthy elastin and collagen, restores volume to plump up thinning skin and improves the appearance of fine lines and wrinkles. Potent antioxidants help protect the skin from further damage and promote even skin tone.
- ▶ **Alastin Regenerating Skin Nectar with TriHex Technology** – This product is designed to support the skin before, during and after cosmetic procedures. It can be applied immediately post-procedure for faster recovery and healthier looking skin. The skin nectar supports the skin's natural ability to clear damage and debris in the extracellular matrix and supporting the skin's natural ability to produce new, healthy elastin and collagen. High antioxidant activity is designed to calm the skin and reduce the appearance of redness.
- ▶ **Alastin Restorative Eye Treatment with TriHex Technology** – This treatment delivers unique benefits to the delicate eye area. It reduces the appearance of fine lines, wrinkles and puffiness, improves appearance of skin firmness, promotes even skin tone and helps reduce the appearance of dark circles.
- ▶ **Alastin Restorative Neck Complex with TriHex Technology** – This cream supports the skin's natural ability to produce new elastin and collagen. It works synergistically with neck tightening, toning and pigmentary procedures or as part of your daily age management skincare routine. Benefits include helping to minimize the appearance of redness and photo-aged discoloration and improving the appearance of crepey skin, fine lines and wrinkles.
- ▶ **Alastin TransFORM Body Treatment with TriHex Technology** – This treatment helps to accelerate the results of body fat reduction procedures, enhances body skin tightening procedures, supports the production of new, healthy collagen and elastin and improves the appearance of skin texture, firmness and crepiness.
- ▶ **Alastin Ultra Nourishing Moisturizer with TriHex Technology** – This oil-free, fragrance-free moisturizer nourishes and hydrates the skin. It contains a unique combination of peptides that target collagen and elastin, and key botanicals to calm the skin.
- ▶ **Obagi CLENZiderm Pore Therapy** – This facial toner helps unclog pores and clears away dead skin cells, with 2% salicylic acid. Skin complexion becomes clearer, softer and healthier.
- ▶ **Obagi ELASTiderm Eye Cream** – This lightweight, smooth formula helps rejuvenate the skin around the eyes, reducing the appearance of fine lines and wrinkles, while providing a firmer look.
- ▶ **Obagi ELASTiderm Eye Serum** – This serum uses a soothing rollerball to refresh the appearance of the skin around eyes with caffeine and reduce the appearance of under-eye puffiness.
- ▶ **Obagi Hydrate Luxe** – This product provides ultra-rich overnight moisturization and has a luxurious, balm-like texture. The key ingredients include chronoline, kollaren, hydromanil, shea butter, mango butter, avocado and glycerin.
- ▶ **Obagi KeraPhine Body Smoothing Lotion** – This lotion helps smooth persistently rough and bumpy skin (keratosis pilaris) typically found on arms and legs, which doesn't respond to traditional moisturizers. The key ingredients include 15% glycolic acid and 5% ammonium lactate.

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- ▶ **Obagi Nu-Derm System** – Transform your skin with the No. 1 physician-dispensed skin care system designed to help correct hyperpigmentation and improve visible signs of skin aging. Items sold separately or as a package.
- ▶ **Obagi Gentle Cleanser** – This cleanser gently removes makeup and everyday impurities for a clean, fresh complexion. Safe for even the most sensitive skin. Ingredients include oat amino acids, glycerin, aloe, apricot kernel oil, panthenol, sage leaf extract and borago officinalis extract.
- ▶ **Obagi Foaming Gel** – This gel gently removes makeup and everyday impurities for a clean, fresh complexion. The key ingredients include oat amino acids, aloe, alfalfa extract, borago officinalis extract and chamomile extract.
- ▶ **Obagi Toner** – This is an alcohol-free, nondrying toner to help adjust the pH of your skin. The ingredients include witch hazel and aloe.
- ▶ **Obagi Clear** – This prescription is 4% hydroquinone to help correct hyperpigmentation, such as dark spots, sunspots, age spots, melasma, and other types of discoloration, for a healthier-looking, more even skin tone. It may be applied in the morning and evening.
- ▶ **Obagi Exfoderm** – This lightweight lotion helps exfoliate the top layer of the skin, removing dull, old skin cells, while revealing new skin cells for a brighter complexion. Exfoderm is recommended for dry or sensitive skin types. The key ingredients include 6% phytic acid.
- ▶ **Obagi Exfoderm Forte** – This lightweight lotion helps exfoliate the top layer of the skin, removing dull, old skin cells for a brighter complexion. Exfoderm Forte is recommended for oily skin types. The key ingredients include 6% glycolic acid and 4% lactic acid.
- ▶ **Obagi Blender** – This is a unique formula containing prescription 4% hydroquinone for the gradual lightening of hyperpigmentation, such as dark spots, sunspots, age spots, melasma and other types of discoloration. Blender may be applied in the evening.
- ▶ **Obagi Hydrate** – This moisturizing cream helps soothe dry, flaky skin. The key ingredients include hydromanil, shea butter, mango butter, avocado and glycerin.
- ▶ **Obagi Sun Shield Matte Broad Spectrum SPF 50** – This sunscreen combines UVA and UVB protection in an elegant matte finish. Sheer, PABA-free and fragrance-free for all skin types. The active ingredients include 10.5% zinc oxide and 7.5% octinoxate.
- ▶ **Obagi Professional-C Microdermabrasion Polish + Mask** – This mask helps to unveil dramatically brighter, smoother, more youthful-looking skin, with a powerful infusion of 30% L-ascorbic acid (vitamin C) and ultra-fine crystals for exfoliation. The key ingredients include 30% L-ascorbic acid and seaberry fruit oil.
- ▶ **Obagi Professional-C Serum 15%** – This high-performance serum with 15% L-ascorbic acid (vitamin C) is suitable for most skin types. Use of the serum helps minimize the appearance of fine lines and wrinkles.
- ▶ **Obagi Retinoin** – This is a prescription topical treatment for acne that has also been found to improve fine lines and wrinkles. Available in .05% and .1% strengths.

Call 904.383.1015 for more information or to schedule an appointment.

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