

UF ENDOCRINOLOGY, DIABETES AND METABOLISM AT EMERSON

Please complete this questionnaire to enhance your visit.

University of Florida College of Medicine-Jacksonville

ENDOCRINOLOGY, DIABETES AND METABOLISM CLINIC

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ADOLESCENT HEALTH QUESTIONNAIRE

| | |
|-------------------|----------------|
| Appointment Date: | |
| Name: | Date of birth: |
| FATHER: | Guardian: |
| MOTHER: | |
| Referring Doctor: | |
| Address: | |
| Telephone number: | |

What specific questions do you have?

FAMILY HISTORY:

M other's Height: Age of first period

Father's Height: Growth spurt

Please indicate with a check (√) any family members on either side who have had any of the following:

MEDICAL PROBLEMS MOTHER'S SIDE FATHER'S SIDE

Mental Retardation

Learning Disabilities/problems

Seizures

Headaches

Genetic Disorders

Thyroid problems

Diabetes

Being overweight

Early puberty

Delayed puberty

Premature fractures broken bones

Kidney stones

Other medical problems

Pregnancy, Delivery and Birth:

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During pregnancy, mother... (check all that apply and describe)

- Drank alcohol or used drugs
- Smoked
- Suffered any illness, infection, trauma, fevers
- Took medication (which?)
- Had other significant events occur

During labor and delivery, mother and/or baby... (check all that apply and describe)

- Suffered fetal distress
- Suffered complications (breech birth, cord around neck, lack of oxygen, Csection, forceps, required oxygen, etc.)
- Required special care (ICU, incubator, etc.)

Length of pregnancy weeks: Baby's weight lbs oz

Developmental History:

At what age did the child: Walk alone: Say first word: Speak in sentences:
Please indicate if the child suffered any of these problems as an infant or young child and describe:

- Delayed development or growth
- Aggression (hitting, biting, kicking)
- Difficulty making or keeping friends
- Shunned by peers
- Defiance, resistance to authority

School History:

Child began school at age: Current grade:

Describe the child's grades junior high school: in high school:

Medical History:

Please indicate and describe the child's current and past health problems:

Age and duration Treatment

- Headaches, Seizures, Head injury, Loss of consciousness
- Meningitis, Encephalitis, Brain tumor
- Paralysis
- High fever
- Fainting spells
- Coma
- HIV infection/AIDS
- Near drowning
- Electric Shock
- Drug/alcohol abuse

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I. Additional history or conditions now or in the past? Please include any broken bones and transfusions. (Use additional sheets as needed.)

| Condition | Date | Treatment(s) | Hospital |
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II. Please list all hospitalizations and surgeries

| Surgery | Date | Problems afterward? | Hospital |
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III. Please list all medications that are prescribed, including injections, herbal medicine, supplements and vitamins you take.

| Medications | How many times a day? | How many units or milligrams? | Reason |
|-------------|-----------------------|-------------------------------|--------|
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IV. Please list medicines or dyes AND the reactions you have to them.

V. PERSONAL HISTORY (Please circle or fill in the best answer.)

Do you smoke cigarettes, pipe or cigars? Yes / No How many in one week?

Do you drink any wine, beer or spirits? Yes / No How many at one time?

What exercise do you get regularly? How many minutes a week?

Do you have a job?

VII. SYMPTOMS: Circle any and all symptoms you have presently.

Weight loss, Weight gain. Fever, Chills, Night sweats.

Low energy level, Difficulty sleeping, Loss of hearing

Blurry vision, Vision loss, Dry eyes, Tunnel vision, Double vision

Chest pain, Leg swelling. Heart pounding, Heart murmur

Shortness of breath, Coughing, Wheezing .

Change in voice, Difficulty swallowing, Lump in neck

Nausea, Vomiting, Heartburn, Diarrhea, Constipation, Abdominal pain.

Headaches, Memory change. Numbness, tingling or burning sensation.

Muscles aches, Muscle cramps, Muscle weakness, Poor balance

Joints aches. Swollen joints, Changes in nails, Shaking tremors

Depression, Easy irritability Nervousness. Nightmares

Heat or cold intolerance. Goiter, Feeling thirsty Feeling hungry

Trouble passing urine, Blood in urine Urinating at night

Abnormal hair growth, Abnormal hair loss

Rashes, Easy bruising. Swollen lymph glands, Height Loss

For women

How old when starting menstrual cycles?

Was there ever a time they stopped for > 12 months? Yes / No

Have they stopped? Yes /No. How old were you at the time?_____